

# Newsletter

Issue Jan-Mar 2022



## sports VISION

To become source of national pride and honour for creating liberal, tolerant, progressive, dynamic and healthier society with the objectives to improve national health and fitness standards by providing recreation, entertainment and self-satisfaction and ensuring optimally and effectively utilization of available Sports infrastructure.

## our MISSION

To pursue policies for promotion of sports, enhancing public awareness and affiliation with the teams by ensuring mass participation, realizing intellectual and physical potential of all participants from inter club level to national level for all ages without discrimination of Gender, Language, Race, and Culture.

## RENOVATION WORK FOR UPCOMING SOUTH ASIAN GAMES



The eyes of the whole world are on the upcoming South Asian Games 2023. Pakistan secured to host the event. The last two years have changed the phenomena of the world to hold projects successfully. Pakistan is also fighting the pandemic along with compromised resources. Hosting the South Asian Games in a befitting manner is no less than a challenge. To organize the games high-ups are fully committed and they are devoting all of their energies to materializing this event to bring the real image of Pakistan.

Rebuild and renovation projects are in progress at full pace. State-of-the-art facilities are being built. In the upcoming quarter, the nation will hear the news of the completion of work.

## PREPARATION FOR UPCOMING GAMES



As being the host country of South Asian Games 2023, it is a dire need to give breakthroughs and show the world we are champs and not less than any country. Pakistan Sports Board assisting National Sports Federation to hire coaches. Pakistan Hockey Federation engaged Bob Veldohf as goalkeeping coach and Siegfried Aikman from the Netherlands. The target is the physical fitness of the player. Taekwondo has a very bright future to remain on the top-notch Mr. Yousaf Karami has been hired. For Volleyball, Mr. Red Rodriguez Campus from Brazil is performing the duty of coach. Hiring of some other coaches in-process and finalize soon possible.





## VIRTUAL ASIAN ROWING INDOOR CHAMPIONSHIP 2022

Pakistan won gold and silver medals in the Virtual Asian Rowing Indoor Championship 2022 on Saturday, 15 January, 2022.

The medals were scooped up in the lightweight men and open weight men categories. Ali Suleman secured victory in the lightweight men category, leaving all other contenders behind. Ahmad Aziz secured the second position in Open Weight Men Category.

Both medal winners praised their coach Abdul Rehman for guidance and proper coaching enabling them to win medals.



## PAKISTAN'S MUZAFFAR KHAN KNOCKS OUT AFGHAN BOXER FOR ARABIAN SEA TITLE

Rising Pakistani boxer Muzaffar Khan knocked out the Afghan opponent and bagged the Arabian Sea Championship title in the country's federal capital on Saturday, 22nd January, 2022. The match lasted for five rounds. The 27-year-old Pakistani ringster earlier seemed defensive as his Afghan rival Samir displayed aggression and agility.

The boxers from the neighboring countries exhibited great spirit as they fought with more vigor and prowess while the Pakistani boxer dealt the final blow to the Afghan rival, knocking him out in the fifth round of the

10-round super welter bout at the Liaquat Gymnasium of Pakistan Sports Complex, Islamabad.

Muzaffar, also known as Prince Khan, commended the administration for organizing the event, and he also hailed his coaches. "I have been working hard for the title for the last three years", he said while speaking after the fight.

The Arabian Sea region includes 16 nations including Pakistan, India, Saudi Arabia, UAE, Qatar, Kuwait, Bahrain, Oman, Iran, Iraq, Sri Lanka, Yemen, Afghanistan, Somalia, Djibouti, and the Maldives.





## PAKISTAN SPORTS BOARD HOLDS FOOTBALL, HOCKEY AND NETBALL MATCHES ON KASHMIR SOLIDARITY DAY

Exhibition Football, Hockey and Netball competitions were held at Pakistan Sports Complex Islamabad on Saturday, 5th February, 2022 to mark the Kashmir Solidarity Day under the auspices of Pakistan Sports Board (PSB). The football match was played between PSB-XI and AJK-XI at the Jinnah Stadium, PSC Islamabad. Wherein PSB XI defeated the Kashmir XI after an exciting contest. PSB XI had a 2-0 lead till the break. In the second half, AJK XI scored a goal to make the match 2-1, which continued till the end of stipulated time. Hassan and Mubeen scored one goal each for the winning team while Rashid scored the only goal for AJK-XI. Meanwhile, in the hockey match played at Naseer Bunda Stadium, PSB-XI defeated AJK-XI by 5-3 goals.

In netball competition, Islamabad Green defeated Islamabad Blue 19-15. Director General, PSB Col (R) Muhammad Asif Zaman was the chief guest on the occasion and distributed prizes among the winners.





# XXIV OLYMPIC WINTER GAMES



**The 2022 Winter Olympics, officially called the XXIV Olympic Winter Games and commonly known as Beijing 2022, was an international winter multi-sport event held between 04- 20 February 2022 in Beijing, China, and surrounding areas with competition in selected events.**

Beijing was selected as host city in 2015 at the 128th IOC Session in Kuala Lumpur, Malaysia, marking its second time hosting the Olympics, and the last of three consecutive Olympics hosted in East Asia. Having previously hosted the 2008 Summer Olympics, Beijing became the first city to have hosted both the Summer and Winter Olympics. The venues for the Games were concentrated upon Beijing, its suburb Yanqing District, and Zhangjiakou, with some events (including the ceremonies and curling) repurposing venues originally built for Beijing 2008 (such as Beijing National Stadium and the Beijing National Aquatics Centre).

The Games featured a record 109 events across 15 disciplines, with big air freestyle skiing and women's Monobob making their Olympic debuts as medal events, as well as several new mixed competitions. A total of 2,871 athletes representing 91 teams are competing in these Games, with Haiti and Saudi Arabia making their

Winter Olympic debut.

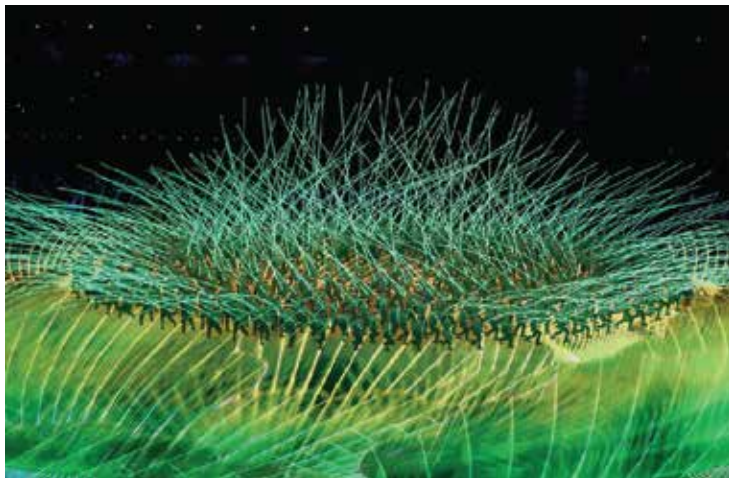
Norway finished top of the medal table for the second successive Winter Olympics, winning a total of 37 medals, of which 16 were gold – setting a new record for the most numbers of gold medals won at a single Winter Olympics. Germany finished second with 12 golds and 27 medals overall, the host nation China finished third with nine gold medals – marking their most successful performance in Winter Olympics history.

The team representing the ROC ended up with the second most medals won at the Games, with 32, and finishing ninth in the medal table, as only six gold medals were won. The Games were also noted for the underwhelming performance of traditional Winter powerhouse Canada, despite winning 26 medals, only four of them were gold, resulting in a finish outside the top ten in the medal table for the first time in 34 years



## Opening Ceremony

The premier witnessed the inaugural ceremony accompanied by Foreign Minister Shah Mahmood Qureshi, Planning Minister Asad Umar, and Information Minister Chaudhry Fawad Hussain at the ceremony held at the Beijing National Stadium on Friday, 4th February, 2022. The Prime Minister attended the ceremony to express solidarity with Beijing as some countries have boycotted Winter Olympic Games being held in the Chinese capital.

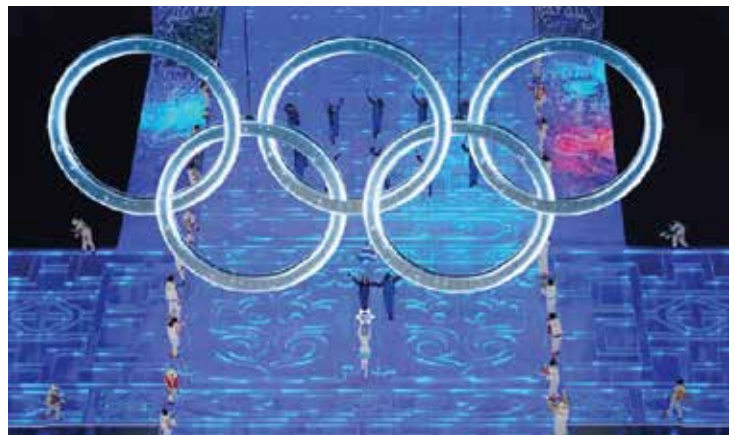


## Pakistan at the 2022 Winter Olympics

A four-member Pakistani contingent participated in the Winter Olympic Games which comprised one athlete and three officials. Muhammad Karim, Alpine Skiing Athlete from Naltar, Gilgit-Baltistan (GB) competed in the Slalom event on February 16 at the China National Alpine Skiing Centre, Yangqing District, Beijing. The other members were Air Marshal Syed Noman Ali as Chef-de-Mission while Air Commodore Nadeem Ajmal Khan as Dy. Chef-de-Mission and Wing Commander Mohammad Qamar Mirza as Covid liaison as well as the coach.

Pakistan's premier skier Mohammad Karim had contested on Wednesday, 16th February, 2022 when he could not finish his run in the men's slalom event on the "super icy slope".

This was the third straight time that Karim from Naltar represented Pakistan at the biggest stage. Noel Clement of France got gold with a time of one minute and 44.09 seconds. He clocked 54.30 seconds in the first run and 49.79 seconds in the second run. Johannes Strolz of Austria claimed silver with a timing of one minute and 44.70 seconds. Sebastian Foss-Solevaag of Norway clinched bronze by clocking one minute and 44.79 seconds.





## ALEEZA, SHAHZAIB BAG BRONZE IN FUJAIRAH OPEN G-2 TAEKWONDO



Aleeza Asif and Shahzaib Khan clinched the bronze medals in the 9th Fujairah Open G-2 Taekwondo Championship at Sheikh Zayed Sports City, Fujairah UAE held from 06-08 February, 2022.

In the women's category, Aleeza Asif lost to Kazakhstan's Meryem Azzouz by 03-12 in the semifinal. While in -54kg weight men category, Shahzaib lost the semifinal against Kazakhstan by 08-18. In the +87kg men, Hamza Saeed lost the quarterfinal against Korea by 1-12. As many as 57 countries took part in the championship.





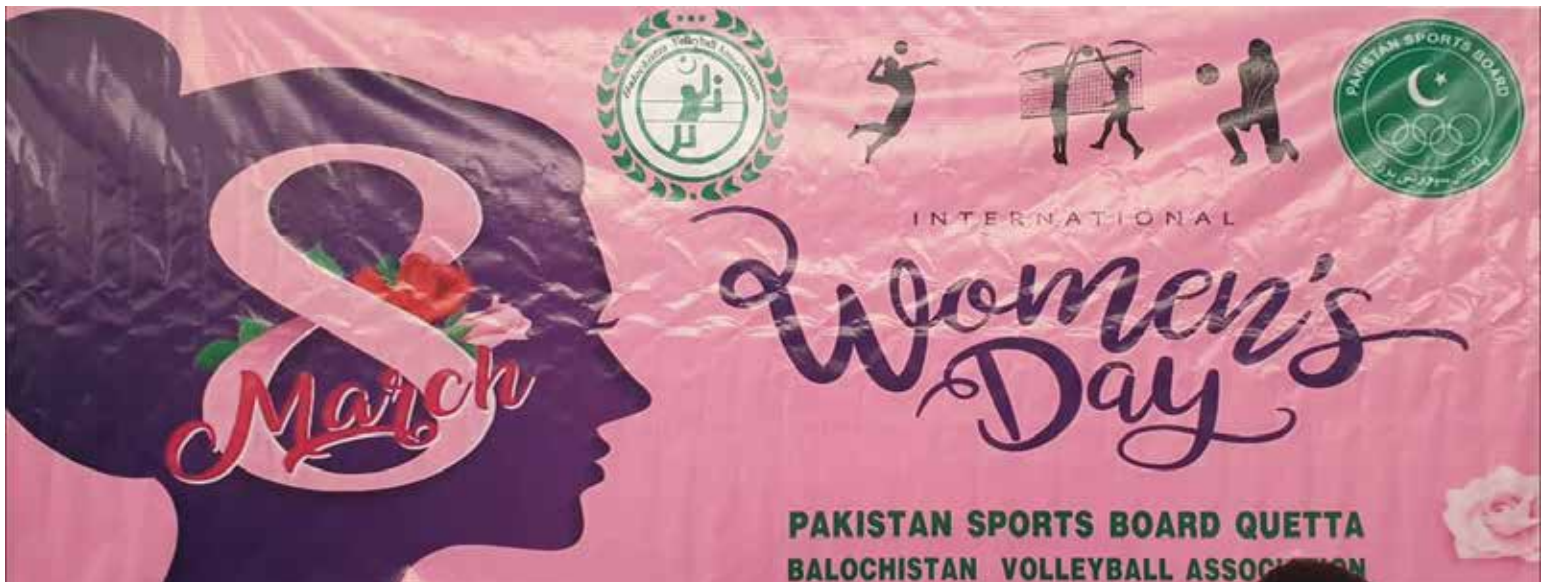
## Sports Highlight

















# HADIA KAMAL WINS BRONZE AT ASIAN JUNIOR BOXING CHAMPIONSHIP



Four Pakistani boxers Hadia Kamal Khan, Malaika Zahid, Maria and Afzal Khan participated in the Asian Junior Boxing Championship held at Amman, Jordan from 02-14 March, 2022

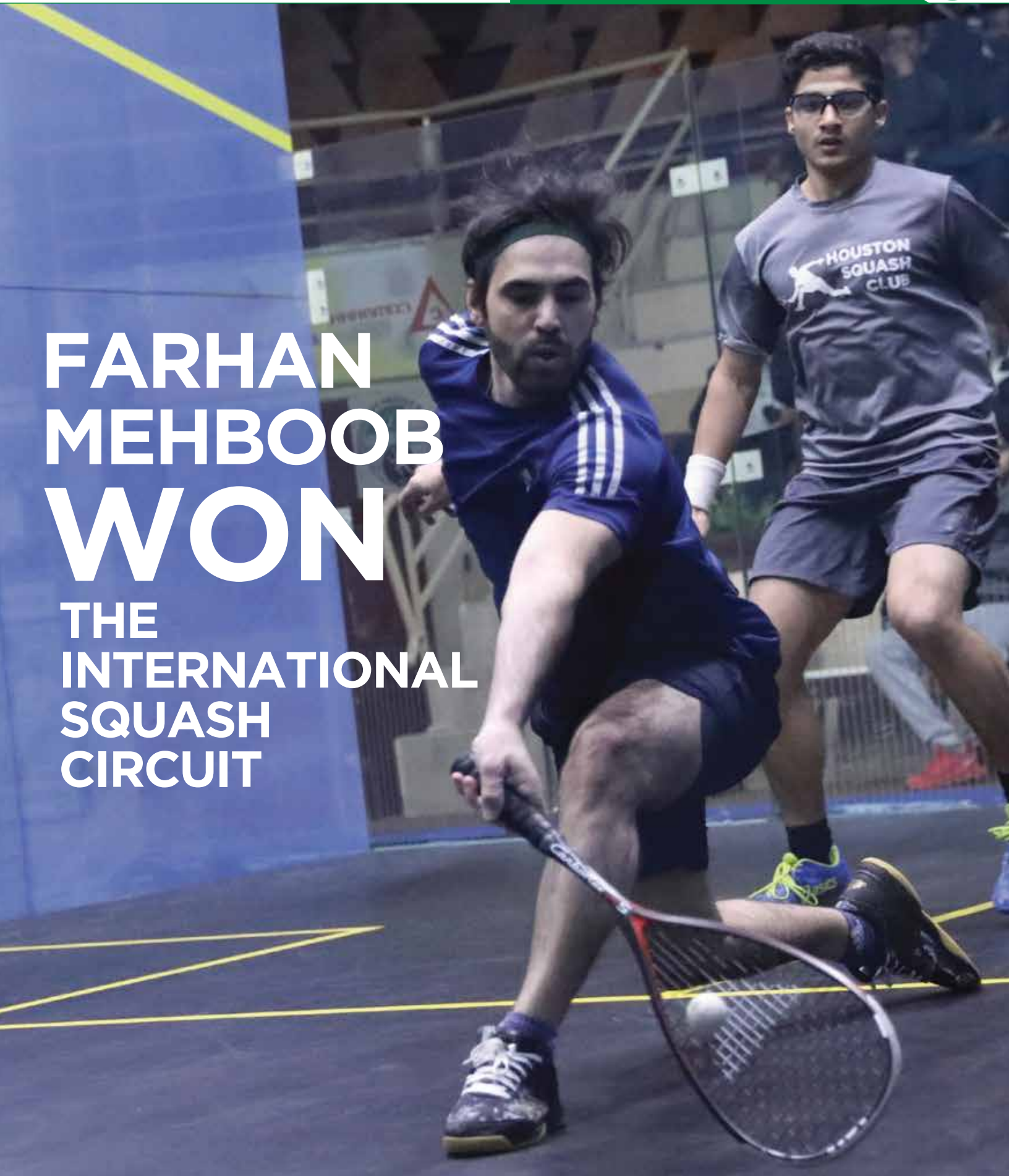
Pakistan's national boxing champion Hadia Kamal Khan has won a bronze medal in 60Kg. She had beaten Kazakhstan's Uldana Toobe in the semi-final. Whereas the other three boxers Malaika Zahid, Maria and Afzal Khan faced early exit. Malaika Zahid lost her 52 kg fight against Chupradit Kamonchanok of Thailand by 2-3, Maria went by 0-5 down to Gulnaz Buribayev of Kazakhstan in the 48kg, Afzal Khan beaten by Iksanov Buzurgmekhr of Uzbekistan in the 54 kg.





# FARHAN MEHBOOB WON

## THE INTERNATIONAL SQUASH CIRCUIT





## Pakistan's Farhan Mehboob defeated emerging player Hamza Khan by 3-2 to win the US\$6,000 PSF-International Squash Circuit-1 that concluded at Mushaf Ali Mir Squash Complex, Pakistan Sports Complex, Islamabad on Tuesday, 1st March, 2022.

Pakistan Squash Federation in collaboration with Pakistan Air Force (PAF) organized the four-day event, where a group of 16 Pakistani players participated.

In the thrilling final, Farhan Mehboob faced tough resistance from young and talented Hamza Khan before winning the title clash by 3-2 as the score was 11-6, 11-6, 2-11, 1-11 and 11-6 (27 minutes). Farhan Mehboob was off to a flying start as he won the first two games with a same margin of 11-6. But after that, Hamza made a strong comeback and won the third and fourth games comfortably with a big margin of 11-2 and 11-1. At this crucial stage, Farhan utilized his experience and held his nerves and took the decisive game 11-6 to win the title.

Earlier in the semifinals, Farhan Mehboob overpowered his younger brother Waqas Mehboob by 11-5, 11-9 and 11-9 while Hamza Khan outsmarted Farhan Zaman by 11-7, 11-6, and 11-7 respectively.





## PAKISTAN BEAT LITHUANIA 3-2 DAVIS CUP GROUP-I PLAYOFF

Pakistan beat Lithuania 3-2 in the Davis Cup Group-I playoff at the Pakistan Sports Complex on Saturday, 5th March, 2022 and the victory helped the men in green remain in the World Group-I.





On the second day of the Pak-Lithuania Davis Cup tie, Pakistan doubles team Aisam-ul-Haq Qureshi and Aqeel Khan fought well against the Lithuanian duo of Ricardas Berankis & Laurynas Griceles and defeated them after an exciting and well-contested three-set match 4-6, 7-6(4), 7-5, building a 2-1 lead in the tie. It was such a royal battle between the two teams, where Lithuania were off to a good start and took the first set 6-4. Pakistan's star duo of Aisam and Aqeel then matched fire-with-fire in the second set and fought till the last point. In the tie-breaker, Pakistani duo held their nerves won it by 7-6(4). In the third and decisive set, Aisam and Aqeel once again put a brilliant fight against the pair of visitors and won it 7-5 to make it 2-1 for Pakistan.

In the first reverse singles, Pakistan No 1 tennis player Aqeel Khan was up against World No 86 Ricardas Berankis. Ricardas had to struggle hard to overcome spirited and fighting Aqeel Khan in the best match of the day in three thrilling sets 7-6(4), 6-7(6) 6-4 to level the tie 2-all. In the deciding match of the crucial tie, Pakistan team changed the nomination and playing captain Aisam-ul-Haq Qureshi decided to play the final match against the World Junior No 8 Edas Butvilas. Aisam, who was in fine touch, not only utilized his wide international experience but also displayed a world-class serve and volley game to outpace the Lithuanian opponent in straight sets 6-4, 7-6(2). Aisam's victory helped Pakistan to win the Davis Cup tie 3-2.





## ALI ILYAS WON SILVER MEDAL IN THE ASIAN ROAD CYCLING CHAMPIONSHIPS



Ali Ilyas won Silver Medal on 31st March, 2022 in the Asian Road Cycling Championships held in Dushanbe Tajikistan.

Federal Minister for Inter Provincial Coordination (IPC) Dr. Fehmida Mirza lauded the Pakistani Cyclist Ali Ilyas for winning a silver medal in the Asian Road Cycling Championships.

Dr. Fehmida Mirza using her twitter handle said: "Some positive news in all the political gloom and doom. Pakistani cyclist Ali Ilyas won silver medal in Asian Road Cycling Championships being held at Dushanbe, Tajikistan. It is the first cycling medal which our country has won in Asian Cycling Championship since 1962."

The IPC Minister also lauded the Pakistan Cycling Federation (PCF) President Syed Azhar Shah and Secretary General Moazzam Khan and their team for sincere efforts they have made for the promotion of cycling, which has started bearing fruits at international level.

## WAPDA WIN MEN & WOMEN TITLE OF 21ST NATIONAL NETBALL CHAMPIONSHIP 2022

Pakistan WAPDA has won both the Men & Women title of the 21st National Netball Championship 2022. The event was held at Liaquat Gymnasium, Islamabad from 28-31 March, 2022 in which teams from Punjab, Sindh, Khyber Pakhtunkhwa, Baluchistan, Gilgit Baltistan, AJK and Islamabad have been participated.

In the Men's event, WAPDA has won the title by defeating Army 24-23 after a tough contest while Navy defeated HEC 30-22 in the third position match.

In the Women's event, Wapda routed HEC 22-11 to emerged as Champion and Army defeated Sindh 18-15 to seize the third position.

The prize distribution ceremony was graced by the Director General, Pakistan Sports Board Col. (Retd.) Muhammad Asif Zaman as a Chief Guest. PNF President Mudassar Arain, PNF Chairman Zafar Iqbal Awan, Secretary General Syed Gohar Raza, DG, Wapda Sports Board M Musharraf Khan, Mehr M Sajid of Pakistan Navy and a large number of spectators witnessed the nail biting competitions at Pakistan Sports Complex, Islamabad.









# NATIONAL TRAINING CAMPS (IN PROGRESS)

The details of national Training camps organized at different stations for preparation for upcoming events are as under :-

S#	Discipline	Strength					Venues	Start Date	Closing Date
		Players		Coaches		Total			
		Male	Female	Male	Female				
1	Hockey	34	0	07	0	41	PSBCC-Lahore	17-01-22	Continue
2	Volleyball	24	24	04	04	56	PSC- Islamabad	10-01-22	Continue
3	Taekwondo	10	08	03	0	21	PSC- Islamabad	03-01-22	Continue
4	Athletics	02	0	01	0	03	PSBCC-Lahore	01-01-22	Continue
5		02	0	01	0	03	PSBCC-Lahore	02-03-22	Continue
6		07	05	02	0	14	PSC- Islamabad	02-03-22	Continue
7	Weightlifting	15	10	05	0	30	PSBCC/ Punjab University Lahore	03-01-22	Continue
8	Handball	20	0	03	0	23	PSC- Islamabad	07-03-22	Continue
9	Kabaddi	20	0	03	0	23	PSC- Islamabad	07-03-22	Continue
10	Karate	16	0	02	0	18	PSC-Islamabad	07-03-22	Continue
11	Wushu	13	07	03	01	24	PSBCC-Lahore	07-03-22	Continue
12	Wrestling	20	0	02	0	22	PSBCC-Lahore	08-03-22	Continue
Total:		183	54	36	5	278			



# AHSAN RAMZAN WON THE IBSF WORLD SNOOKER CHAMPIONSHIP 2021

Ahsan Ramzan, a 16-year-old Pakistani cueist, has become the second youngest person in the world to win the IBSF World Snooker Championship title on Friday, 11 March, 2022 in a match that lasted more than five hours. Ramzan defeated Amir Sarkosh of Iran 6-5 during a final played in Doha. At one point, Sarkosh was in the lead by 3-5 and only needed a single set to win the title. But Ramzan, the youngest Pakistani to ever win the title, kept

his cool and ultimately clinched the championship title. Ahsan made his way into the final of the event after beating defending champion and compatriot Muhammad Asif in the semi-finals of the event.

This was Pakistan's fourth IBSF World Snooker title. Mohammad Asif had previously won the prize twice, and Mohammad Yousaf once.

